



Welcome

Dear New Patient,

We are happy to welcome you to our practice. After 7 years of working in a large clinic I started Fremont Family Practice in February 2002. I did this because I wanted to spend more time with my patients and focus on more personalized care. This practice model uses electronic medical records and practice management software, as well as reduced office staff to allow the providers to spend more time with our patients. The clinic has grown rapidly over the last few years and we feel this model has allowed us to provide quality care in an efficient practice setting.

The following document will provide information regarding some of the important logistics of the practice. As we grow, we are adapting and changing so we welcome your input, suggestions and questions.

We look forward to caring for you and your family and hope you enjoy being a patient at Fremont Family Practice.

David Harvey, M.D.
Family Physician

PROVIDERS

David Harvey, MD. Graduated from University of Washington for both Undergraduate and Medical degrees. He completed his residency in Family Medicine at Providence Hospital, Seattle in 1996. For 7 years he worked at a Hispanic Community Health Center in south Seattle as Associate Clinical Professor for University of Washington Department of Family Medicine. He has a special interest in sports medicine and travel medicine. Dr Harvey is board certified in Family Medicine. Dr Harvey and his wife Dr. Mahvash Khajavi-Harvey (the Dentist at Fremont Medical and Dental) have 3 children and live in the Queen Anne neighborhood.

Eric Rose, MD. Dr. Rose also completed his residency in Family Medicine at Providence Hospital, Seattle in 1996. He was a clinician for the University of Washington Factoria clinic for 7 years. Dr Rose has a strong interest in informatics (utilizing technology in medicine e.g. electronic medical records). He works part time at Fremont Family Practice.

Reena Koshy, MD, MPH. Dr. Koshy is board certified in Family Practice, and a graduate of Rush University. She received her masters in public health from the University of Washington. She has been practicing in the Seattle area since 1996, and has practiced overseas in New Zealand, Nicaragua, Ecuador and Peru.

Elizabeth Bayley, ARNP. Completed her Undergraduate degree at Harvard and Nurse Practitioner master's at Seattle University. For one year she worked at a fertility clinic in Kirkland. She has been at Fremont Family Practice since mid 2006 and has a special interest in women's health, travel medicine, and environmental medicine. Elizabeth also enjoys caring for her Spanish-speaking patients. A Seattle native and avid outdoorswoman, she and her husband John have a son and daughter at home and are enjoying the adventures of parenthood.

SERVICES

Fremont Family Practice offers a full range primary care services including:

- Pediatric care
- Well child exams
(School vaccinations)
- Sports Medicine
- Chronic care (hypertension,
Diabetes, Asthma)
- Women's health
- Dental care in the same office
- Lab work, blood draws in office
- Physical exams (paps)
- Travel counseling and vaccines
(including Hepatitis, Yellow Fever)
- Acute same day care
- Work injury exams (L & I)
(For established patients)

PHILOSOPHY OF CARE

At Fremont Family Practice we are committed to quality personalized care. We will take the time to listen to your medical concerns and provide you with up to date high quality medical care. Providers will make every effort to make themselves available to you through office visits, phone and email. Patients should feel assured that we exceed all privacy practices required by HIPPA standards.

PATIENT RESPONSIBILITY

We have a form titled *Patients Rights and Responsibilities* that we ask you to review and sign. Most importantly we ask that you make every effort to show up for your appointment on time. In return we will make every effort to see you in a timely fashion. We also ask that you come in for Annual Preventive exams to give us time to perform crucial preventive care. In this effort we will help by sending annual reminder cards to you.

HOURS OF OPERATION

Monday thru Friday 8:00am to 5:00pm
Extended hours clinic Wednesday until 7:00pm (Dr. Harvey only)
Saturday 9:00am to 12:00pm.

CONTACT INFORMATION

Front office phone: (206) 267-7300
Front office fax: (206) 267-7301
After hour's urgent medical care: (206) 310-8748
Email: clinic@fremontmedicaldental.com
Web address: www.fremontmedicaldental.com

AFTER HOURS CARE

Dr Harvey currently covers all after hours calls. He carries his cell phone (206-310-8748) with him and does his best to respond to all calls within 15 minutes. We do ask that you use the after hours number only in urgent medical situations that cannot wait until the following business day. Please do not call for medication refills after hours.

HOSPITAL PRIVILEGES

Dr Harvey has hospital privileges with Swedish Medical Center. Patients referred to after hour ER care will be sent to either Ballard or First Hill Swedish ER's. The only exception is children who are sent to Children's Hospital for ER care. The Hospitalists at Swedish or House Team at Children's Hospital will care for patients requiring hospital admission.

PRESCRIPTIONS/MEDICATION REFILLS

We ask that patients who need refills of medications to give us at least 72 hours notice. We cannot guarantee refills in less than 72 hours. The best way to get a medication refill is to first contact your pharmacy. They will fax us a request that your provider will authorize, and we will fax back to them. Please also make sure we have your local pharmacy information up to date.

INSURANCES ACCEPTED

Fremont family practice currently accepts the following insurances. This list is subject to change. While we try to check eligibility for new and established patients, ultimately it is your responsibility to confirm coverage at our clinic.

- Aetna
- Blue Cross Blue Shield
- Cigna
- First Choice
- First Health
- Great West
- Lifewise (blue cross)
- Medicare
- Pacificare
- Premera Blue Cross
- Regence Blue Shield
- Uniform Medical
- United Health Care

BILLING

Payments of services are the responsibility of the patient. We are happy to bill your insurance company if applicable, and any balance due will be billed to you. If your coverage has a deductible, if you are no longer eligible for your plan, if a service provided is not covered by your insurance (e.g. travel counseling, preventive care) you will be expected to pay at the time of service or upon receipt of a bill. Failed clinic appointments without 24 hours advanced notice will be responsible for a \$35.00 fee per 30 minutes of scheduled appointment time. Patients who are repeatedly delinquent in their payments or who are unwilling to set up a payment plan will be referred to collections.